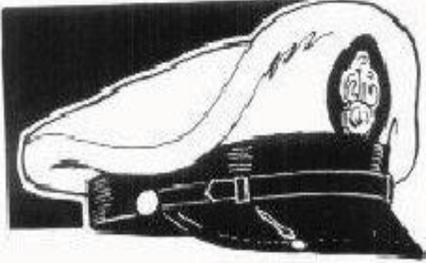


~~~~~*Bluewater Bulletin*~~~~~

September, 2013

Meeting: September 5th, '13
at the Bali Hai

- Happy Hour 6:00
- Meeting at 7:00
- Trifecta of rods, reels & knots from 3 pros



President
Alex Williamson

Greetings Members,

What a busy month we have had. I am very excited by the help from our members on our last two kids events. As most of you know, we had the Shelter Island event where we supply fishing poles to the kids and help them bait their hooks. The other kids event was the Crystal Pier event where we basically cooked hot dogs for the kids as they fish. If you were there, you know that the couple of hours of time translates into changed lives.

Then, of course, we had the Big Fish Tournament. Now that was fun! I went out with Daryl and Jon on the Four D's. I have never been inside of a washing machine before, but I am told that the wave action was close to it. We did stumble on a bit of luck. Daryl, with his keen eye,

www.SanDiegoRodandReel.com
San Diego Rod and Reel Club

(619) 277-0255

spotted a large patty off in the distance. It paid off. I got my first DoDo of the year along with several Yellowtail. For the type of weather we were having, it sure was nice to come home with fish. The plan was to stay out longer, but man, was I getting green in the face. So, we headed home a little early. The Bluefin were there, they just didn't want to play with us.

We have one more kid's event this year. Tim Foote is running the SD Rod and Reel table for the Chula Vista HarborFest and Boat Parade on September 21st. At the event, we are looking for volunteers to provide a demonstration on fishing gear and fishing techniques to kids and to let them make a few casts. Let us know at the meeting that you can attend.

Lastly, it is almost election time again. If you are interested in changing kids' lives and making our club one of the fun spots in San Diego, come talk to me about what it takes to be on the board.

See you all on the big pond.

Alexander Williamson



Big Fish Director
Rhonda Ito

Hello FCM's

Well, Big Fish has come and gone and all I can think of is, "WOW!" The event was a huge success and it took a great team to pull it off. I personally would like to thank everyone who gave it their all to make it come together. This year we had 55 anglers and 19 boats enter the tournament. I know the fishing was really rough, but everyone stuck it out and fished hard. Congratulations to the following winners:

1st Place Tuna: Eddie Torres with a 17.0 tuna;

1st Place Yellowtail: Eddie Howerton, 10.9,

2nd Place went to Elisio Sisneros with a 9.12.

1st Place IGFA: Mike McGrath with a 17.2 Dorado and

2nd Place went to new club member Steve Gardella with a 12.8 halibut.

GREAT JOB GUYS!!

At the September meeting I will be selling what is left from the

tournament. We have a small quantity of limited edition T-Shirts and hats left, so be sure to stop by the clothing table and get yours before you miss out. Once they are gone, they are gone!

Till next month,
Rhonda



Tournament Master:
Lee Fleming

Paddy Hopper Tournament
Saturday 9/14/13
Yellowtail/Dorado with Tuna
side-pot.

Heaviest 2 fish bag (yellowtail and dorado) for 1st, 2nd, and 3rd places respectively. Single heaviest fish will count if both species are not weighed in.

Lines in at gray light.
Weigh-in 1700-1800 hours
(5:00-6:00 pm)
at the Wave on Shelter Island.
No BBQ.

Sign-ups at the next meeting,
Thursday, 9/5
or no later than 2000 hours
(8:00 pm), Friday, 9/13 by
phone.

Entry fees; \$20-members, \$25-
non-members, \$10-side-pot

All rules apply, everyone on
your boat must be
in the tourney and if you sign
up for the side-pot,
everyone must be in the side-
pot.

Go get 'em,
Lee Fleming, Tournament
Master
cell 858.382.2629
Jawbreaker, vhf-16,68,72



Membership
Margie & Michael Williams

Hello Fellow Club Members!
A special thanks to all the
members who came out for our
Big Fish Seminar at the Bali
Hai for our August 1st meeting.
We had great fish tacos and a
great speaker - Bill Boyce! A
special thanks to all of those
who brought guests to our
meeting. Be sure to bring them
back to sign up as new members
at our next meeting on
September 5th. Speaking of
new members, please help us
welcome the newest members
to our club: Oscar & Frankie
Sauceda and Tonny & Daniel
Jahng.
Just a friendly reminder, if you
bring a guest to our September

5th meeting, both you and your
guest will receive 10 free raffle
tickets. Not to mention, your
guest can sign up for only \$30
for the rest of 2013. That is a
\$30 savings.

We look forward to see you all
at our next meeting at the Bali
Hai on September 5th!
Keep Your Lines Wet!
-Margie & Michael Williams



PR Director:
Mike Gladden

I hope everyone had a great
time at this month's Big Fish
Tournament and Banquet.
Rhonda did a lot of work and
made it a lot of fun! I hope you
caught a lot of fish, or at least
had a great time at the banquet.

This month we are going to mix
it up a little bit. We are going to
do more of a round table talk
discussion with three different
experts. They are coming in to
talk with us about rod
making/repair, reel repair and
knot tying. Alex is going to
moderate it, like he did in May,
and it should be a lot of fun.

Wendy Tochiara from Izorline
will be showing us more of her
knotting techniques.

Ken Corwin from Ken's Custom Reels (an old favorite) will have a reel for him to take apart at the meeting.

We are still working on a rod maker, but have several people that are interested in coming. The meeting will be in an open form meeting, meaning you can ask for a demonstration and/or get answers on things you always wanted to know. Come prepared with questions and bring in an old reel, rods or some line to see if they are repairable or you just want to see what kind of knot will work with your line.

I am looking forward to seeing everyone at the September meeting.
Mike Gladden

Picture of the Month



Tim Foote's 40lb Bluefin (he also had a 50lb!) See his "How To" article inside...



Weigh Master Curt Itogawa

The Weigh Master had the month off due to the **Big Fish tournament**. What a great job Rhonda Ito, Lou Duchene and all their helpers did on this tournament! It takes the entire year to put this tournament together. There are no sport points awarded for entering or placing in the Big Fish Tournament. See the current Sport Point Standings and Weight Receipt List in this bulletin.

The next club tournament is an "Off Shore" Tournament for Yellowtail and Dorado with a side pot of Tuna scheduled for September 14, 2013. Get all the details at the September 5th meeting.

Until the next weigh-in, stay safe and have fun.

Curtis Itogawa



Raffle Master

Hello FCM's,

A huge "Thank You" to all of you participated at the Big Fish Banquet. The ladies raffle, main raffle and silent auction were supported by all who attended. My appreciation goes out to Gary Mouritzen and Tom Gruber for helping me with the raffle, and to Cheri, Margie and Janet for selling tickets. If you didn't buy \$100 worth of tickets, you missed out on a delicious jar of Cheri's homemade jam.

Thanks for the great teamwork in helping make the raffle a success. I also want to thank all of our sponsors - they made it happen once again and we as members owe our sponsors our continued support.

Roll the Barrel and I'll see you at the next meeting.

Lou



A message from Ellie Duchene:

Hello Members,

I'm writing this to send my gratitude and appreciation to Rhonda and Lou for their tireless effort in making the 30th Annual Big Fish Tournament a huge success. I can't begin to tell you how many hours were spent making phone calls, sending letters and numerous e-mails. I'm a witness to many phone calls made from Lou's hospital bed with a follow-up calls to Rhonda to send another e-mail or letter because they don't remember getting the first one.

My thanks to Janet Fleming for all her shopping, organizing and putting together 9 unbelievable baskets. I know she spent many evenings and weekends making baskets and WOW were they beautiful and profitable for our club.

I also want to thank our numerous sponsors because without all of them, this tournament could not survive. Kudos to the following for sponsoring all 3 categories:

Barry at Allstate Insurance,
Gary Mouritzen at WJB
Mortgage Capital, and
Lou Duchene at Western
Towing

Also Doug Kern at Fisherman's
Landing for \$1500 in gift
certificates for the Tuna and
Yellowtail Division.

Cheri will tell you ... the money we generated from the Big Fish Tournament carries us through the year and, don't forget, makes it possible to take kids fishing ~ the future of the sport we all love.

Please plan on attending our September meeting because we will be raffling off many wonderful gift certificates from our sponsors and a Tallus rod from Shimano. All of the profits will go to the Big Fish. I am hopeful that a few club members will be willing to take on this tournament next year because I know you have heard it before, but Lou is saying this is his last year. I'm sure he will still help call on sponsors for donations because he is very good at getting them to give.

Thanks to the 18 boats and 55 anglers who fished the tournament - you made it happen!

With love and gratitude for your support during Lou's recovery.
Ellie



Editor:

Gary Mouritzen

garyshomeloans@hotmail.com

Well, my fishing team didn't get the 3-peat for the Yellowtail division, but at least we didn't get tossed around like popcorn out there. We stayed on the inside again and had our first bite at 6:15... 9 lbs, but we were on the board! As we metered a lot of large fish, we figured we were going to have yet another promising Big Fish Tournament Yellowtail Division win under our belts.

Sadly, that was the only Yellowtail we had all day. We could only attribute it to the large amounts of squid we found in the morning and figured the fish were gorged.

You know it must be really rough on the outside when you have white caps and swell on the lee side of the island! So even though we didn't win, we had a more comfortable day of fishing than most.

Next year, people – next year!

Get Bent!

Gary Mouritzen

SAN DIEGO ROD REEL CLUB 2013 WEIGHT RECEIPT LIST* Aug-13

LOCAL SPECIES (Plaques)	Lbs.	Name (Men's)	Lbs.	Name (Women's)	Lbs.	Name (Juniors)
Albacore (Local)						
Big Eye Tuna (Local)						
Barracuda (Local)	10.7	Harry Okuda	4..94	Nancy Ortiz		
Bluefin Tuna (Local)	31.25	Harry Okuda				
Bonito (Local)						
Calico Bass	6.7	Rex Finney				
Rockfish	3.2	Shelly Cochlin				
Dorado (Local)	6.9	Mike Gladden			7	Sara Itogawa
Halibut (Local)	29.88	Curt Itogawa	21.8	D.J. Ludwig		
Lingcod (Local)	12.25	Lee Fleming				
Mako Shark (Local)						
Sand Bass	5	Ed Howerton	2.98	Janet Fleming		
Spotted Bay Bass	1.58	Darrel White				
Striped Marlin (Local)						
White Sea Bass (Local)	53.6	Fox Ludwig				
Yellowfin Tuna (Local)						
Yellowtail (Local)	27.56	Ed Howerton	28.4	Janet Fleming	26.7	Sara Itogawa
SPECIES +150 Miles (Certificates)						
Blue Marlin						
Dorado (+150)						
Halibut (+150)						
Sailfish (+150)						
Wahoo (+150)						
Yellowfin Tuna (+150)						
Yellowtail (+150)						
Albacore (+150)						
Barracuda (+150)						
Big Eye Tuna (+150)						
Bluefin Tuna (+150)						
Bonito (+150)						
Lingcod (+150)						
Mako Shark (+150)						
Striped Marlin (+150)	140	Tom Gruber				
White Sea Bass (+150)						
Roosterfish	15.1	Gary Mouritzen				

Honorable mentions: *You must fill out an official weight receipt in order to be listed.

1st Striped Marlin (Local, kill or released w photo & weight Est.)

1st Albacore		
1st Yellowfin (Local)		
1st Yellowtail (Local)	26.5	Rex Finney
1st Dorado (Local)	6.9	Mike Gladden

San Diego Rod and Reel Club Yellowtail Fishing Tournament results

July 20, 2013

1st Place : Ed Howerton Yellowtail, 27.56 lbs. (5 Men's sport points)

2nd Place: Nancy Ortiz Yellowtail, 20.5 lbs. (5 Ladies' sports points)

Side Pot: David Sachau Sand Bass, 3.74 lbs.

Sports Points Standings, through July 2013

(Includes points from tournament placing and one point for members fishing the tournament)

Correction: Rex Finney now has been credited 4 points earned that had not been recorded prior, thus putting him in second place in points.

<u>Men</u>	<u>Ladies</u>	<u>Juniors</u>
Ed Howerton 13	Cheri Fleming 17	Sara Itogawa 2
Rex Finney 12	Nancy Ortize 13	Henry Hammer 1
Mike Ito 11	Janet Fleming 9	
Tom Gruber 8	Shelly Cochlin 6	
Lee Fleming 8	Ellie Duchene 6	
Vinh Gian 5	Rhonda Ito 4	
Daryl White 4	Lori Sachau 3	
Lou Duchene 3	Cathrine Glidden 2	
Tim Foote 3		
Fox Ludwig 3		
Curt Itogawa 3		
Dave Reher 3		
Bill Fleming 3		
David Sachau 3		
Gordie Howe 2		
James Smith 2		
Hector Lopez 1		
Mike Goodsell 1		
Alan Beilstein 1		
Derek Ito 1		
Mark Waters 1		
Dennis Burlason 1		
John Plemmons Jr.1		
Andy Redding 1		
Alex Williamson1		
Mike Gladden 1		

Fishing techniques for 50lb Tuna, by Tim Foote



This is based on a recent tuna trip I took catching a 50lb Blue Fin Tuna and it is meant for those new to fishing larger tuna. You will want to pull out your best gear and get it set up properly with fresh line. I used an Accurate Boss Magnum single speed 4.8 to 1, which looks like a 30lb test type reel, but is very powerful. It held up well. I was able to get my fish up faster than many of the other anglers on the boat. Many of them had lighter gear, such as Daiwa Sealines and even a couple small Penn reels, and some lost fish after pulling on them for a long time due to the inappropriate gear. After a long period of pulling, the hook can wear a hole in the fish's mouth and fall out.

If you are going to pay \$300 to go on a tuna trip, you should at least invest \$180 for a decent reel. One guy had a Shimano Torium 20 which you can get for less than \$180 and he managed fine. If you have any two speed reels, you definitely want to use those first. It is a good idea to have two backup rigs as well. Make one a 40lb rig. The fish were a little line shy and you have an edge on catching the fish with a 30lb outfit, but you will get bit on 40lb as well.

The sardines were large, so I used a 3/0 hook. The crew told us to use 2/0 J-hooks, but I ignored them and did fine with the 3/0. No one used circle hooks. Based on the captain's recommendation, I butt hooked the sardine rather than nose hooking it and it worked well. One disadvantage with a butt hooked sardine is that you won't catch any fish when you reel the sardine back in. Ringed hooks don't give you any advantage using this method and are harder to grasp for butt hooking the sardine.

Reel setup: I was using 30lb test (which was old line) and a 30lb fluorocarbon four foot leader. After catching three fish, I lost a fish probably due to one or a combination of the following: 1. I was using old line that I hadn't changed out before the trip. 2. The fish was probably very large. 3. I hadn't reset my drag after the last fish. Apparently the drag tightens down on its own after you pull in a large fish. The Captain had also found a nick in my line which I thought I had cut off but maybe I wasn't careful enough. If your fish drags your line under the boat at all, definitely recheck it carefully before throwing out again. Always check your leader every time after catching a fish and cut off any chaffed parts which are usually near the hook. You can keep cutting your fluorocarbon leader down to about two and a half feet and it will still work. Use a Uni to Uni knot to attach the lines together.

It is also a good idea to put some 50 to 65lb spectra (braided line) backing on your reel to get more length and keep you from getting spooled. Spectra has a much thinner diameter than mono for the same pound test rating. Put a piece of electrician's tape on your spool arbor before tying on the spectra or else it will spin on the spool. Grab the line using a leather glove and put plenty of tension on the line while winding it on the spool. Put 50 to 100 yards of mono top shot above the spectra and then a four foot fluorocarbon leader at the end. Spectra is expensive, but it lasts forever. You will only have to change the mono top shot each season which will save you some money. Some people used straight spectra with a four foot fluorocarbon leader. In that case you want to back your drag off a little bit because there is no stretch with the spectra. Note that tangles can be very difficult to deal with if you use straight spectra.

Pole size: The captain criticized me for using a pole with a 20 to 50lb rating because the tip is a little flimsy. A stronger tip gives you more leverage on the big fish. I am going to get a 7ft 30 to 60lb rated pole for next time. Use 6 to 7 foot poles.

Some fishing basics: When you first get the bait in the water, wait a few seconds and it will start running. Point the pole horizontally so the bait can run freely. Keep the reel out of gear with your thumb lightly on the spool and let the bait run as far as it can. That thumb always needs to be near the spool or you will get a back lash. If the bait stops running, bring it in and get another one. Sometimes the bait will pause and run a little more. I caught two of my fish after soaking the bait for a while, so be patient. Always keep the line in front of you, which means you may have to shuffle to the side to keep it that way. There's a saying: "No angles, no tangles."

If the bait has run 2/3rds of the line out of your spool, you better bring it in. Otherwise, you won't have enough back-up line if you get a fish that makes a run. Be sure to wind your line back and forth tightly on the spool while bringing it in, holding the line and your pole with your left hand and pinching the line between your forefinger and thumb.

You will know that you are on a fish when your reel starts speeding up very fast. Keep your thumb lightly on the spool, count to five, lift-up on the pole a bit to create resistance and then put the reel in gear. Don't yank the pole up in the air or you may pull the hook out of the fish's mouth. You have a 50lb fish on with 30lb line which has stretched a bit from the pulling fish. That line could break at any time, so you need to use careful movements. The fish is now in control and if it wants to take line, let it do so, keeping the rod up for resistance. When the fish stops taking line, reel in immediately. Any pauses by you, gives the fish an opportunity to throw the hook out of its mouth. The fish may be swimming toward you, so you will have to reel fast to bring up the slack in the line. After some back and forth with the fish, it will get closer to the boat, but it will be deeper in the water.

The experts advise using short arm pumps to get the fish up. I still use longer pulls on the rod, but very carefully trying to sense the resistance that the fish is putting on the line. Dramatic movements will lose a fish. Wind quickly as you drop the rod back down for another pull. The line is very taut or tight when the fish is near the boat. Resist the temptation to tighten your drag down. The fish might want to run again when it sees the boat. Let it do so while still holding the pole up. Don't pinch the line to the pole for resistance. After the fish calms down, you might get away with pinching the line down to the pole while slowly pulling up on the rod but you have to be ready to let go of the line if the fish starts to run again.

When you see the fish coming up near the boat yell out "color." A deck hand will come by with a gaff and start to give you instructions. The fish will start to swim in circles. The fish might move sideways along the boat, upon which you will follow it. Don't try to pull the fish in at an angle, keep it in front of you at all times. If the fish starts to swim under the boat, the deck hand will, hopefully, grab your rod and move the fish to one of the corners of the boat to get it out from underneath. Follow him and he will hand the pole back to you once he clears the fish from under the boat. You may notice that the guy on your right is also on a fish. Stay away from him if you can or else your tightened lines may cross and then break. If his fish is further out and his line at a wider angle from the boat than yours, you can safely go under him and vice versa. When the fish gets near the top it will usually go horizontal with the surface of the water. The deck hand will then gaff it. Sometimes the first try at gaffing the fish won't work and the fish will dive. Stay calm and bring it back up. Make sure not to pull the head of the fish out of the water.

Keep at it and good luck to you.

Sincerely,
Tim Foote

PHOTO GALLERY



Daryl White & crew bring back some nice fish!
55lb Bluefin and 18 Yellowtail for 4 people!!!

DJ and Fox with a couple 'but keepers.



Kid's Fishing Derby on Shelter Island Pier... Rhonda and Alex hang up the SDRRC banner.



Todd Wilson... More Hali's on the Yak

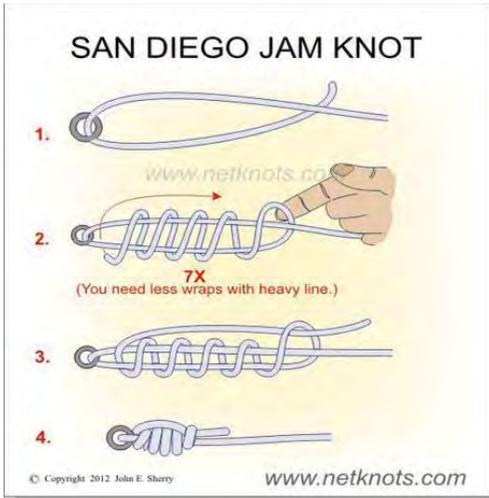


The Hijole Crew hard at work to produce some Tasty Fish Tacos at the Big Fish Seminar ... Thanks Guys!

Knotty Corner

San Diego Jam Knot

This knot is an excellent choice for all line types: mono, fluorocarbon and braided. Originated as a quick and reliable way to tie the heavy “iron” jigs by the fishermen chasing tuna on the long-range boats venturing into Mexican waters, it is fast and easy to tie. Make sure the knot is fully set by hooking the lure or jig to a fixed object and pulling hard.



1. Pass end of line through eye of hook or lure. Let a heavy lure hang down or pinch hook between little finger and palm.
2. Loop tag end over index finger and make 7 wraps around the double line down to the eye.
3. Feed tag end between double lines below last wrap and bring back to loop made by index finger. Run through loop and remove finger.
4. Moisten lines and pull tag end tight. Slide knot tight to lure and clip tag end close.

Chef's Corner



Ingredients...

300 gm of fish (cubed bite size), Garlic (3 or 4 cloves, grated), Pepper (1/2 tsp.), Kashmiri chili powder (1/2 tsp.), Turmeric powder (1/4 tsp.), Juice from half a lime, and Salt to taste.

For the Crust

Cornflour (1 tsp.), Egg (1, beaten), Breadcrumbs: About 1 ½ cups (sometimes you need more. This is real bread, crumbled in a food processor ½ tsp of Pepper powder or whatever seasoning you like.)

Directions...

1. Marinate the fish, with garlic, pepper, chili powder, turmeric, lime juice, salt....keep aside for 15 min.
2. Add 1 tsp corn flour into this and mix well. (or you can dip each one in the corn flour)
3. Crumble some bread and dry grind in a food processor to make the breadcrumbs (no toasting needed). To the side in a separate bowl, beat one egg slightly.
4. Take one fish and dip in the egg, then coat in breadcrumbs, and then repeat (double coated makes it crunchy).
5. Deep fry it in hot oil (try coconut oil for a change). This will fry up pretty fast as it is very small.

If you have more fish, make more while you're at it and store it in the refrigerator or freezer, and then fry it up at your convenience without the added work.

UPCOMING EVENTS:

- **September 5th** – Club Meeting
- **September 14th** – Paddy Hop Tournament
- **September 21st** – Chula Vista HarborFest
- **October 3rd** – Club Meeting
- **October 12th** – San Diego Bay Halibut Tourney